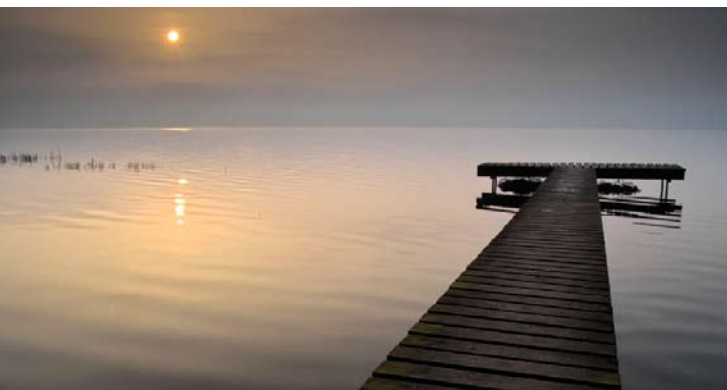


**Cost of Walks****Category A and B: €10 per walk****Category C: €5 per walk****Children: Free (Category "C" Walks only)****Cost includes bus transfers and refreshments on return to base.****Some Points to Remember**

- Experienced guides will accompany all walks. The decision and authority of the leaders is final and at all times must be adhered to by participants
- Walk Leaders maintain the right to refuse participation due to unsuitable clothing, footwear or insufficient experience
- Those participating in the Walking Festival do so at their own risk
- The organisers maintain the right to change routes where deemed necessary
- All minors must be accompanied by a parent or guardian at all times
- Strictly no dogs allowed
- Please respect the beautiful countryside of East Clare - Leave no Trace

**Entertainment**

A hearty welcome awaits you in East Clare! Nightly entertainment will be provided including the very best of East Clare traditional music. A courtesy bus will also be available to bring visitors to and from their accommodation to McNamara's Bar & Restaurant in Scarriff.



*"The sun began to slip through the misty clouds at last, showing us distant hills and glints of loughs. This East Clare walk could have gone on forever and we'd never have tired of it."*

**Christopher Somerville, Irish Independent Weekend, 11th June 2011**

**Accommodation**

East Clare can provide you with a range of excellent accommodation options:

**B&Bs/Guesthouses****Clareville House B&B, Tuamgraney, Scarriff, Co. Clare**

www.clarevillehouse.net. Tel 061-922925

email: clarevillehouse@ireland.com

**Hawthorn Lodge B&B, Mountshannon, Co. Clare**

www.mountshannon-clare.com. Tel 061-927120

email: usfour@eircom.net

**Hillview House B&B, Maghera, Tulla, Co. Clare**

www.hillviewbandb.com. Tel 065-6831927

email: hillviewhousebandb@eircom.net

**Sunrise B&B, Mountshannon, Co. Clare**

www.sunrisebandb.com. Tel 061-927343

email: sunrise4bnb@eircom.net

**Clondanagh Cottage B&B and Self Catering, Tulla, Co. Clare**

www.clondanaghcottage.com. Tel 065-6835429

email: info@clondanaghcottage.com

**Silver Lake House B&B, Mountshannon, Co. Clare**

Tel 061-927496, email: silverlake@eircom.net

**Laccaroe House B&B, Feakle, Co. Clare**

Tel: 061-640694, email: karen@laccaroehouse.com

**Marie O'Brien B&B and Self Catering, Fossa Beg, Scarriff, Co Clare,**

Tel 061-640888

**Hotel, Self-Catering and Caravan & Camping****Mountshannon Hotel, Mountshannon, Co. Clare**

www.mountshannon-hotel.ie. Tel 061-92716

email: info@mountshannon-hotel.ie

**East Clare Golf Holiday Village, Bodyke, Co. Clare**

www.clareresorts.com, Tel 061640694

email: info@ecghv.com

**Lakeside Caravan & Camping, Mountshannon, Co. Clare**

www.lakesideireland.com. Tel 061-927225

email: camping@eircom.net

**Ballyglass Lodge, Scarriff, Co. Clare**

Tel 061-921233, email: moroneymary@yahoo.co.uk

**Barley Cove Thatched Cottage Self Catering, Mountshannon Road,****Moynoe, Scarriff, Co Clare**

www.barleycovehatchedcottage.com Tel 087-9313520,

email: info@barleycovehatchedcottage.com

**Anne Giblin, Self Catering Holiday Homes, Mountshannon Road,****Scarriff, Co Clare,**

www.fishermens-paradise.com Tel 061-921851, email: pgiblin@eircom.net

**More information**

*For more information on the wealth of attractions and activities available in East Clare visit*

**www.visitclare.net****www.discoverloughderg.ie****www.clare.ie****www.discoverireland.ie/clare**

**East Clare Walking Festival,  
Clareville House, Tuamgraney, Co. Clare**



# EAST CLARE WALKING FESTIVAL



OCTOBER 21ST - 23RD 2011

*Come for the Walks,  
Stay for the Craic*



- Graded Walks with Guides
- Superb accommodation packages
- Lively pubs and restaurants
- Groups, clubs and individual walkers all welcome

For more information:

Web: [www.eastclarewalkingfestival.com](http://www.eastclarewalkingfestival.com)

[www.shannonregiontrails.ie](http://www.shannonregiontrails.ie)

Email: [eastclarewalkingfestival@gmail.com](mailto:eastclarewalkingfestival@gmail.com)

Tel: +353 (0)87 6867548

Friday October 21st

9pm – Welcome Reception at McNamara’s Bar & Restaurant, Scarriff, Co. Clare

*The Welcome Evening affords you the opportunity to meet members of the East Clare Walking Club who will be your guides for the weekend. You will be able to view the walking routes, mingle with your fellow walkers and chat about your chosen walks. A warm welcome awaits you with guest speakers, music and craic.*

Saturday October 22nd

“A” Walk - Slieve Bearnagh Ridge

Leaving the shores of Lough Derg via the East Clare Way, the route ascends fairly steeply to Moylussa Mountain (523m), the highest point in the region. The ridge is followed westwards over rough moorland and bog to descend and rejoin the East Clare Way, finishing in Broadford. Panoramic views of Lough Derg, the Shannon Estuary and up to 8 counties in optimum visibility can be seen throughout the walk.

Registration: Up to 9:00am Bus Departs: 9:15am

Distance: 16 km Time: 5 hours

“B” Walk - Ballycroum and Lough Ea

Starting near Lough Graney, the route takes the East Clare Way to ascend to Ballycroum (268m). Heathland, moorland and bog tracks take us past some megalithic tombs. Leaving the East Clare Way near Glendree a bog path takes us further up to Lough Ea (283m), a beautiful lake high in the Aughty Mountains. Retracing our steps at first, we then use part of the Ballycroum Loop for a more direct route back to the start.

Registration: Up to 10:00am Bus Departs: 10:15am

Distance: 14 km Time: 4 hours

“C” Walk - Ballycuggeran Loop

This option takes in one of the most popular National Loop Walks located in the East Clare area. Initially using the same route as the

Slieve Bearnagh Ridge Walk, the Ballycuggeran Loop skirts Moylussa Mountain by forestry track with splendid views along Lough Derg. A steep descent crossing a ford, weather permitting, rejoins the East Clare Way to our finishing point at Pipers Inn (closed).

Registration: Up to 12:00 noon Bus

Departs: 12:15pm

Distance: 7 km Time: 2 hours

Sunday October 23rd

“A” Walk - Sheehaun, Turkenagh Mountain

Leaving Scarriff northwards on the East Clare Way, the walk gradually ascends the southern slopes of the Aughty Mountains before turning off through forestry tracks to a viewing point above Scarriff and Lough Derg, offering spectacular views of Holy Island and the Tipperary lakeshore. Thereafter, crossing open moorland and bog with extensive views across the Aughty Mountains into Co. Galway, the route descends from Turkenagh (336m.), to rejoin the East Clare Way back to the pick up point.

Registration: Up to 9:00am Bus Departs:

9:15am

Distance: 18 km Time: 5 hours

“B” Walk - Carnagoe Valley

Starting from the Pipers Inn (closed) the route follows the East Clare Way before ascending steeply using part of the Ballycuggeran Loop through a ford, weather permitting, on to the slopes of Moylussa Mountain by forestry track to a height of 400m. Open moorland and a gradual descent into the heathland of the Carnagoe valley afford lovely views of Lough Derg and the Slieve Bearnagh Range before rejoining the East Clare Way to the finish at Ballylathan.

Registration: Up to 10:00am Bus Departs: 10:15am

Distance: 12 km Time: 4 hours

“C” Walk - Cahermurphy Loop

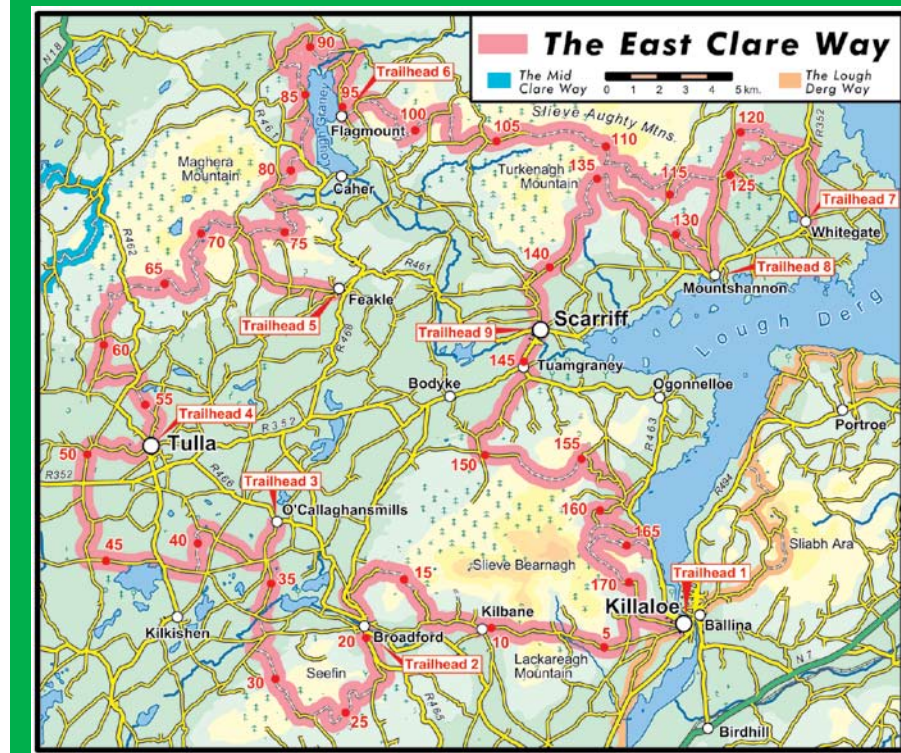
Starting at Cahermurphy Wood, the walk takes in the shore of Lough Graney and then follows woodland paths alongside the Bleach River. Using a short section of the East Clare Way the loop then steadily ascends by country lane and track to a short steep section up to a superb viewpoint (180m), overlooking Flagmount and Lough Graney. A short steep descent on the old Mass path takes us back to Flagmount.

Registration: Up to 12 noon Bus Departs: 12:15pm

Distance: 6 km Time: 2 hours

Registration for Walks

Base Point is McNamara’s Bar & Restaurant, Scarriff. Registration opens there 1 hour before the listed time for each walk. Please be punctual in order to accommodate the bus transfers and your



fellow walkers. All walkers must complete and sign a registration form prior to all walks and sign out again at base afterwards. Please fill in an advanced booking form available online at [www.eastclarewalkingfestival.com](http://www.eastclarewalkingfestival.com) or print and return by post.

**Guidelines for Walkers**

Please choose a walk appropriate to your experience and ability:

“A” Walks – Very Experienced Walker

“B” Walks – Experienced Walker

“C” Walks – Casual Walker

**Clothing and Equipment**

“A” and “B” Walks are on open high rough country. Waterproof jacket, over-trousers, hat and gloves, sturdy walking boots are required. No runners or jeans. You should also bring a packed lunch, drinks, snacks, whistle and spare clothes.

“C” Walks are on a mix of forest tracks, pathways, country lanes and minor roads. Appropriate clothing and footwear are essential. Accompanied children are welcome but these walks are not suitable for buggies.

See OSI Discovery Maps 52 and 58 for more information on the topography of the area.